

BAINBRIDGE-GUILFORD  
ATHLETIC MANUAL



FOR COACHES, PARENTS,  
AND STUDENTS

# BGCSD MISSION STATEMENT

We believe that all students can learn and achieve regardless of their previous academic performance, family background, socio-economic status, race and/or gender. The mission of Bainbridge-Guilford Central School District is to assure that all students acquire the knowledge and skills which enable young people to become productive members of society. It is our goal to educate all students to a higher level of academic performance and foster growth in social and emotional behaviors and attitudes.

BAINBRIDGE-GUILFORD CENTRAL SCHOOLS  
18 JULIAND STREET, BAINBRIDGE, NY 13733

Timothy Ryan, Superintendent  
William Zakrajsek, Junior-Senior High School Principal  
Nick Mayo, Athletic Coordinator



## BAINBRIDGE-GUILFORD CENTRAL SCHOOLS MODIFIED ATHLETIC PROGRAMS

	BOYS	GIRLS
<b>FALL</b>	FOOTBALL* SOCCER*	SOCCER*
<b>WINTER I</b>	BASKETBALL (7TH) BASKETBALL (8TH)	BASKETBALL (7TH) BASKETBALL (8TH)
<b>WINTER II</b>	WRESTLING*	VOLLEYBALL**
<b>SPRING</b>	BASEBALL* TRACK & FIELD**	SOFTBALL* TRACK & FIELD**

\* - Grades 7, 8, & 9 combined.

\*\* - Grades 7 & 8 combined.

## BAINBRIDGE-GUILFORD CENTRAL SCHOOLS JV-VARSITY ATHLETIC PROGRAMS

	BOYS	GIRLS	COED
<b>FALL</b>	FOOTBALL SOCCER CROSS COUNTRY	VOLLEYBALL* SOCCER CROSS COUNTRY	CHEERLEADING GOLF
<b>WINTER</b>	BASKETBALL* BOWLING WRESTLING	BASKETBALL* BOWLING	INDOOR TRACK
<b>MID WINTER</b>	VOLLEYBALL		BADMINTON TABLE TENNIS
<b>SPRING</b>	BASEBALL	SOFTBALL	TRACK & FIELD TENNIS

\* - Includes JV Team

**Schedules for events can be found on the District website at [BGCSD.org](http://BGCSD.org)  
then choose the Athletic page and Schedule Galaxy Athletic Schedule.**

# INTRODUCTION

The purpose of the BGCSD Athletic Manual is to inform parents of policies set forth governing athletics and individual athletes at each school.

**Included in this manual is information concerning:**

- I. Insurance
- II. Interscholastic Athletic Eligibility Requirements
- III. Sportsmanship Guide
- IV. NCAA/Collegiate Eligibility Requirements
- V. Anti-Hazing Statement
- VI. Academic Intervention Programs
- VII. Philosophy/Principles
- VIII. Athletic Code of Conduct
- IX. Section IV Guidelines
- X. Guidelines for Spectators
- XI. Athletic Awards Criteria
- XII. Ticket Pricing
- XIII. Participation Permission Forms

Bainbridge-Guilford traditionally hosts a preseason meeting for parents, which begins with an overview of the information contained in this manual.

Information about each sport and specific team policies are then discussed.

If you have any questions concerning this manual or the preseason meeting, please contact the Athletic Coordinator, Nick Mayo, at 967-6300 or [NMayo@bgcsd.org](mailto:NMayo@bgcsd.org).

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## **INSURANCE**

### **Adequate insurance coverage for an athlete is the responsibility of the parent or guardian.**

The school system purchases secondary accident insurance for students for coverage while they are involved in secondary school interscholastic athletic activities. The insurance plan includes only those sports, which are under the supervision of the B-G District. It does not include sports offered by outside agencies like AAU.

### **It must be clearly understood that no accident insurance plan is comprehensive.**

It is certainly possible that a child could be seriously injured resulting in sizeable medical costs for which parents are responsible. Serious injury could include, but is not restricted to, loss of bodily function, loss of organs or limbs, paralysis, and even death. The school system is again offering student accident insurance through Pupil Benefits Plan, Inc. **Insurance information outlined below and on the following pages is an attempt to briefly describe the insurance plan. It is NOT a copy of the policy.**

### **JUNIOR – SENIOR HIGH SCHOOLS ATHLETIC ACCIDENT INSURANCE PLAN HIGHLIGHTS**

When covered medical, dental, and hospital expenses are incurred, Pupil Benefits Plan will make payment to cover 100% of usual and customary charges. The aggregate maximum per claim is \$50,000 with no deductible. Maximum aggregate dental benefits are limited to \$1,000.00 when treatment extends over 12 months from the date of injury (except Open Dental). Replacement or repairs of previous restorations will be limited to 50% of the usual and customary benefit. Restoration associated with dental claims classified by the plan as 'open dental' must be completed within 90 days after the insured is graduated or has left high school.

### **COVERED EXPENSES**

#### **Payment will be made to cover 100% of the usual and customary charges for:**

- Medical and surgical care by a licensed physician.
- Care and services provided at a hospital that are medical in nature.
- Ambulance service from the site of the accident.
- Dental care of sound and natural teeth related to accidental injury.
- Orthopedic appliances, drugs and supplies prescribed by the treating physician.
- Physiotherapy when provided by a licensed physical therapist and prescribed by the treating physician.
- Eyeglasses paid up to \$100.00 when loss is related to bodily injury.
- Chiropractic manipulation is covered.
- Accidental Death and Dismemberment Indemnity.

### **IMPORTANT NOTICE:**

**THIS POLICY DOES NOT PROVIDE COVERAGE FOR SICKNESS.**

# WHAT YOU NEED TO KNOW

## PLEASE READ THE FOLLOWING:

- Unfortunately, there are some exclusions and limitations under this plan. There are no benefits provided for cosmetic surgery. Please note cosmetic surgery does not include reconstructive surgery when such service is incidental to or follows surgery resulting from trauma, infection or other diseases of the involved part. There are no benefits provided for intentionally self-inflicted injuries, or injuries sustained during participation in a felony or riot. This policy does not provide coverage for sickness, pre-existing conditions, disease or orthodontia. Pupil Benefits Plan provides student accident insurance only.
- Pupil Benefits Plan's student accident insurance assures prompt medical attention and assists with expenses which revert to the parent, since no school may be held legally responsible for them. If medical bills are in excess of our benefit payments, the difference is the responsibility of the parents.
- If you need special assistance, please call our office. We will be happy to help you in whatever way we can.

PUPIL BENEFITS PLAN, INC.  
(518)-377-5144  
1-800-393-3301  
FAX-(518)-377-3291

## ACCIDENTAL DEATH AND DISMEMBERMENT INDEMNITY

If a covered injury results in any of the losses specified below within 100 days after the date of the accident, the Plan will pay for the loss of:

Life.....	\$5,000.00 (Principal Sum)
Two or More Members.....	\$10,000.00 (Double Dismemberment Indemnity)
One Member.....	\$5,000.00 (Single Dismemberment Indemnity)

"Member" means hand, foot, or eye. Loss of hand or foot means complete severance above the wrist or ankle joint. Loss of eye means the total, permanent loss of sight. These benefits are payable in addition to any covered medical expense benefits paid as a result of the accident.

If the Principal Sum is payable, no indemnity will be paid for dismemberment. In any event, the Double Dismemberment Indemnity is the maximum amount payable under this benefit for all losses resulting from one accident.

Pupil Benefits Plan, Inc. does not have relationships with any third party, affiliated or non-affiliated, where nonpublic financial or health information could be exchanged. Our privacy policy applies to all products and services. All information will be protected as required by law.

## PROCEDURE FOR MAKING A CLAIM

The contact person for insurance claims will be the school nurse. Parents must make sure that they follow the procedure listed below to help expedite payment by the insurance company:

- Step 1: Pick up a medical claim form from the school nurse. (example attached)
- Step 2: Fill out the side that is marked parent section. Do not leave blanks.  
Ask your child if an accident report (example attached) was filled out by the Coach or contact the coach directly to confirm.
- Step 3: Bring the form to the school nurse for completion and obtain a copy of the accident report to submit along with the medical claim form.
- Step 4: Submit the medical claim form along with a copy of the school accident report to Pupil Benefits Plan. Include any itemized bills that you may have already received as well. It is always a good idea to keep a copy of what you send for your own personal records.

Pupil Benefits Plan, Inc.  
Student Accident Insurance  
101 Dutch Meadows Lane  
Glenville, NY 12302

### **IMPORTANT:**

1. Treatment for any injury must be received and a medical claim form filed within **90 days of the date of the injury**.
2. Obtain a medical claim form from the district and submit itemized bills to Pupil Benefits Plan in a timely manner, even if treatment is not completed. This plan is a secondary, non-duplicating policy. If you have medical or dental insurance that covers your child, charges must be submitted to your primary insurance first. Submit the explanation of benefits or rejection from your carrier along with itemized bills to Pupil Benefits Plan.

### **Claim Instructions**

- When your child is injured in a school sponsored activity, you have **90 days** from the date of the injury to seek medical treatment.
- Obtain a claim form from the school nurse and submit itemized bills to Pupil Benefits Plan in a timely manner, even if treatment is not completed. This plan is a secondary, non-duplicated policy. If you have medical or dental insurance that covers your child, charges must be submitted to your primary insurance first. Submit the explanation of benefits or rejection from your carrier along with itemized bills to Pupil Benefits Plan.
- Expenses resulting from injuries to sound and natural teeth should be submitted to your medical insurance even though dental coverage is not available. When an accidental dental injury occurs, your medical coverage will consider charges first.
- Please answer all questions on the claim form. Blank spaces are not acceptable. Please write legibly.
- If your child is injured while participating in an interscholastic sport, the physician's discharge date and allowance to return to participation terminates benefits for that injury. Coverage will be reactivated on that date for any subsequent injury.
- When submitting additional bills at a later date, include the school district, child's name, and the date of injury.



CLAIM NO. \_\_\_\_\_  
  
OFFICE USE ONLY

**PUPIL BENEFITS PLAN, INC.**

Student Accident Insurance  
101 Dutch Meadows Lane  
Glenville, NY 12302  
TELEPHONE (518) 377-5144  
1-800-393-3301  
FAX (518) 377-3291  
www.pupilbenefits.com



**MEDICAL CLAIM FORM**

**SCHOOL SECTION**

- 1. The school authority shall complete the top portion of this claim form. **Please MAIL ORIGINAL claim form and print legibly.**
- 2. Give **original** form to the pupil or send to the parent, along with a parent information brochure. The parent must mail **original** form to us.

Please Print Legibly

School District (full name) \_\_\_\_\_

School Contact \_\_\_\_\_ Phone # \_\_\_\_\_ Grade \_\_\_\_\_

Student's Name \_\_\_\_\_ DOB \_\_\_\_\_

Date of Injury \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Bodily Part Injured \_\_\_\_\_ Age \_\_\_\_\_

- Interscholastic Sport \_\_\_\_\_
- Non-Interscholastic \_\_\_\_\_
- School-Sponsored Activity \_\_\_\_\_
- Game  Practice  Scrimmage
- Noon Hour Rec  Intramural
- Phys. Ed.  Classroom  Other

State exactly what student was doing and how the injury was sustained.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Was activity supervised by an employee of the district?  Yes  No

I certify that the above named student was enrolled in our district and verify the accident occurred as stated above.

Signature of principal or designated school authority \_\_\_\_\_ Date \_\_\_\_\_

**Parent:**

Please attach your itemized bills (UB-92 & HCFA-1500) showing dates of service, with diagnostic & procedure codes on all charges. **Balance due statements will not be accepted.** Please attach primary insurance explanation of benefits or rejection notice for all charges if insurance is available. **PLEASE DO NOT LEAVE THIS FORM AT HOSPITAL OR DOCTORS OFFICE. THANK YOU.**

Name of attending Physician \_\_\_\_\_

Address \_\_\_\_\_ Telephone \_\_\_\_\_

Tax ID \_\_\_\_\_

MULTIPLAN  
Call  
1-800-546-3887  
For  
Network Referral

Pupil Benefits Plan, Inc. is primary to Medicaid and Child Health Plus.  
Claims must be filed with us in a timely manner.



## PARENT SECTION

### BENEFITS PAID ONLY IN EXCESS OF THOSE OF FAMILY and/or EMPLOYER POLICY(S).

#### TO FILE A CLAIM, USE THE FOLLOWING PROCEDURE:

1. Parent shall first complete the box below. Parent shall make claim under family and/or employer policy(s).
2. For charges in excess of payments under other policy(s) **submit by MAIL:**
  - A. Completed **original** claim form-**Copies or faxes of original claim form are not acceptable.**
  - B. Itemized bills
  - C. Copy of explanation of benefits or rejection of benefits from primary insurance. -MEDICAL AND DENTAL (If accidental dental injury) .
  - D. If no other coverage is available, comply with steps A & B.
3. **This claim must be submitted in a timely manner.**
4. **Expenses resulting from an accidental dental injury must be submitted to your medical coverage first for accidental dental. Remaining expenses should then be submitted to your dental coverage, if available.**
5. **Pupil Benefits Plan, Inc. is primary to Medicaid and Child Health Plus.**

### ALL ITEMS MUST BE ANSWERED, DO NOT LEAVE BLANKS

(if not applicable, answer "none")

PLEASE PRINT LEGIBLY/ N/A IS NOT ACCEPTABLE

#### AS OF DATE OF INJURY:

Legal Names of Parents Or Guardians (MOTHER) \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

(FATHER) \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Is this child insured under other insurance coverage? [ ] yes [ ] no Medicaid # \_\_\_\_\_  
Child Health Plus # \_\_\_\_\_

#### Name of Insurance Carriers:

Medical #1 \_\_\_\_\_ ID# \_\_\_\_\_ Phone# \_\_\_\_\_

Medical #2 \_\_\_\_\_ ID# \_\_\_\_\_ Phone# \_\_\_\_\_

Dental \_\_\_\_\_ ID# \_\_\_\_\_ Phone# \_\_\_\_\_

#### Name and Address of Employers, At the time of the injury:

Father's Company \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Mother's Company \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

I authorize Pupil Benefits Plan to issue benefits in connection with this claim directly to the doctor, hospital or any other person rendering services, and such payment shall release Pupil Benefits Plan from liability as to amounts so paid. [ ] Yes [ ] No

I hereby certify that I have read the answers to all parts of this form and attest that all information supplied is accurate and truthful.

Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime.

#### SIGNATURE AND DATE REQUIRED:

Signature of Parent or

Guardian  \_\_\_\_\_ Date \_\_\_\_\_

#### EXCLUSIONS: NO BENEFITS SHALL BE PROVIDED FOR:

1. Cosmetic surgery, (cosmetic surgery shall not include reconstructive surgery when such service is incidental to or follows surgery resulting from trauma) sickness, disease, orthodontia treatment.
2. Intentionally self inflicted injuries.
3. Injuries sustained during participation in a felony, riot or insurrection.

#### LIMITATIONS:

1. No benefits will be paid unless the first treatment has been provided within 90 days from the date of injury.
2. No benefits will be paid for treatment after 3 years have elapsed from the date of injury. (Except Open Dental)
3. Covered expenses are payable up to the maximum of policy in force; maximum aggregate dental benefits will be limited to \$1000.00 when treatment extends over 12 months from the date of injury.

Pupil Benefits Plan, Inc. does not have relationships with any third party, affiliated or non-affiliated, where nonpublic financial or health information could be exchanged. Our privacy policy applies to all products and services. All information will be protected as required by law.



**STUDENT ACCIDENT REPORT**

(Send to Nurse within 24 Hours of Accident)

PLEASE PRINT LEGIBLY

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Parents/Guardians Name: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of Injury: \_\_\_\_/\_\_\_\_/\_\_\_\_ Body Part Injured: \_\_\_\_\_

- Interscholastic Sport.....  Game  Practice  Scrimmage
- Non-interscholastic.....  Noon-Hour Recreation  Intramural
- School Sponsored Activity...  Phys. Ed.  Classroom  Field Trip/After School Event

State exactly what student was doing and how the injury was sustained: \_\_\_\_\_

If this injury was the result of an assault, please check one:  Provoked  Unprovoked

Was activity supervised by employee of the district?  Yes  No

Supervisor: \_\_\_\_\_

Who else was present? : \_\_\_\_\_

First Aid Applied?  Yes  No If yes, please describe: \_\_\_\_\_

First Aid given by? \_\_\_\_\_

Student taken:  Home  Doctor \_\_\_\_\_  Hospital \_\_\_\_\_

How was student transported? \_\_\_\_\_

Date Student returned to School? \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_  
Supervisor Signature

\_\_\_\_\_  
Date

The claimant has complied with the regulations of the Commissioner of Education.

Signature of designated school authority: \_\_\_\_\_

## **B-G Interscholastic Athletic Eligibility Requirements**

1. All students must first meet the requirements established by the New York State Public High School Athletic Association (NYSPHSAA) to be considered for participation at Bainbridge-Guilford.
2. A student must have a **PHYSICAL** prior to **ANY** participation in any Athletic activity every 12 months. A copy of the physical must be on file with the Junior-Senior High School Nurse.
3. Each student must also have completed **HEALTH HISTORY INFORMATION** form signed by their parent to present to the coach of **each sport** before participation can begin.
4. All students must have the **ATHLETIC PARTICIPATION PERMISSION FORM** signed by the parent's/guardian's permitting them to participate in sport activities.
5. All students must be in satisfactory academic standing as outlined in the BGCSD **ACADEMIC LEVEL POLICY**.
6. All students wishing to participate in the BGCSD Interscholastic Athletic Program must agree, in writing, to abide and follow the **ATHLETIC CODE OF CONDUCT**. A copy of the Athletic Code of Conduct can be found in this manual and should be read by both parents and students. Parents and students should understand that any student found not to be complying with the established behavioral guidelines, **in school and out**, at any time, will be subject to dismissal from any current team or potential teams.
7. There will be a **MANDATORY PARENT MEETING** at the beginning of each sport season for both Modified and JV/Varsity sports. Both parents and students must attend this meeting or make arrangements to meet with the coach prior to the beginning of the season. If the parent/guardian does not meet with the Coach or Athletic Coordinator, the athlete will not be allowed to participate in that sport.

# The Definition of Sportsmanship

**Sportsmanship** is character displayed in athletic competition. People of character live by the Six Pillars of Character: *trustworthiness, respect, responsibility, fairness, caring and citizenship*.

## **TRUSTWORTHINESS:**

- Think “true blue”
- Be honest
- Don’t deceive, cheat, or steal
- Be reliable- Do what you say you’ll do
- Have the courage to do the right thing
- Build a good reputation
- Be loyal-stand by your family, friends and country

## **RESPECT:**

- Treat others with respect; follow the Golden Rule
- Be tolerant and accepting of differences
- Use good manners, not bad language
- Be considerate of the feelings of others
- Don’t threaten, hit or hurt anyone
- Deal peacefully with anger, insults, and disagreements

## **RESPONSIBILITY:**

- Do what you are supposed to do
- Plan ahead
- Be diligent
- Persevere
- Do your best
- Use self-control
- Be self-disciplined
- Think before you act
- Be accountable for your words, actions, and attitudes
- Set a good example for others

## **FAIRNESS:**

- Play by the rules
- Take turns and share
- Be open-minded; listen to others
- Don’t take advantage of others
- Don’t blame others carelessly
- Treat all people fairly

## **CARING:**

- Be kind
- Be compassionate and show you care
- Express gratitude
- Forgive others
- Help people in need
- Be charitable and altruistic

## **CITIZENSHIP:**

- Do your share to make you school and community better
- Cooperate
- Get involved in community affairs
- Stay informed; vote
- Be a good neighbor
- Obey laws and rules
- Respect authority
- Protect the environment
- Volunteer

**Bainbridge-Guilford Central Schools**  
**Sportsmanship Guide**  
**A Guide for Athletes, Coaches, and Parents**

Participation in co-curricular activities is a privilege. As representatives of BGCSD, student athletes are expected to conduct themselves in a manner that meets the highest standards at all times.

It is the goal of BGCSD to provide all students with opportunities to engage in athletic activities that enrich their education and further develop the core values of respect, responsibility, fairness, trust, and good citizenship.

Engaging in planned instruction teaches good sportsmanship and proper behavior. It is the responsibility of the administration, staff, coaches, parents, and the community at large to create a climate that fosters the development of these behaviors. This is accomplished by encouraging and modeling positive and appropriate behavior within the sporting environment while, at the same time striving for excellence.

Expectations for the behavior of athletes, coaches, and spectators at athletic contests, practices, and events are outlined below:

**Athletes are required to meet the following expectations:**

- (1) Be courteous to visiting teams and officials.
- (2) Play hard and to the limit of your ability, regardless of discouragement. True athletes do not give up nor do they argue, cheat, or taunt opponents.
- (3) Retain composure at all times and never leave the bench or enter the playing field/court to engage in a fight.
- (4) Be modest when successful and be gracious in defeat. A true competitor does not offer excuses.
- (5) Maintain a high degree of physical fitness by conscientiously observing team and training rules.
- (6) Demonstrate loyalty to the school by maintaining a high scholastic standing and by participating in or supporting other school activities.
- (7) Play for the love and honor of the game.
- (8) Understand and observe the rules of the game and the standards of eligibility.
- (9) Respect the integrity and judgment of officials and accept their decisions without question.
- (10) Respect the facilities of the host school and demonstrate the behavior expected of guests.

**Coaches are required to meet the following expectations:**

- (1) Exemplify behavior that is representative of the educational staff of the school and a credit to the teaching profession.
- (2) Demonstrate high ideals, good habits and desirable attitudes in personal behavior and demand the same standards of your players. Make sportsmanship priority #1.
- (3) Emphasize to players and others the importance of proper sideline behavior and the necessity of restraining from entering the playing field/court.
- (4) Recognize that the purpose of competition is to promote the physical, mental, social, and emotional wellbeing of individual players and that the most important values of competition are derived from playing the game fairly.
- (5) Be a modest winner and a gracious loser.
- (6) Maintain self-control at all times, accepting adverse decisions without public display of emotion or of dissatisfaction with the officials.
- (7) Cooperate with the school administration in the planning, scheduling, and conducting of sports activities.

- (8) Employ accepted educational methods in coaching, giving all players an opportunity to use and develop initiative, leadership, and judgment.
- (9) Pay close attention to the physical condition and wellbeing of players, refusing to jeopardize the health of an individual for the sake of the team.
- (10) Teach athletes that it is better to lose fairly than win unfairly.
- (11) Demonstrate integrity. Do not allow gambling, profanity, abusive language, or similar violations.
- (12) Properly supervise student athletes under your immediate care and specifically observe a coach's responsibilities during events off school grounds.

**Parent/Spectators are required to meet the following expectations:**

- (1) Realize that you represent the school and community and, therefore, have an obligation to be a true sportsman, encouraging through positive behavior the practice of good sportsmanship by others.
- (2) Recognize that good sportsmanship is more important than victory by approving and applauding good team play, individual skill, and outstanding examples of sportsmanship and fair play exhibited by either team.
- (3) Recognize that since the primary purpose of interscholastic athletics is to promote the physical, mental, moral, social, and emotional wellbeing of the players, victory or defeat are of secondary importance.
- (4) Treat visiting teams and officials as guests, extending to them every courtesy.
- (5) Be modest in victory and gracious in defeat.
- (6) Respect the judgment and integrity of officials, realizing that their decisions are based upon game conditions.

**Athlete/Parent/Coach Communication**

BGCSD encourages open communication among athletes, parents, and coaches. Both athletes and parents are urged to discuss their concerns with the coach in the appropriate setting and at the appropriate time.

Appropriate concerns to discuss with the coach include issues of mental and physical wellbeing, strategies for improving individual performance, and issues of behavior.

Issues not appropriate for a parent to discuss with the coaches include playing time, starting positions, team strategy, play calling, and other athletes.

**Conflict Resolution**

It is desirable for conflicts to be resolved by an athlete with his/her coach. Occasionally, however, situations arise where conflicts are not able to be resolved through this interaction and the assistance of the athletic coordinator and/or principal is needed.

**Spectator Conduct**

The Midstate Athletic Conference asks all school districts to monitor spectator behavior at all school sponsored activities. Accordingly, an event supervisor(s) may request any person involved in misconduct to leave the premises and may contact the police for assistance.

The school has the authority to suspend individuals from attending all school sponsored activities for spectator misconduct. BGCSD appreciates positive support from all spectators.

## NCAA/COLLEGIATE ELIGIBILITY REQUIREMENTS

Parents and students need to become familiar with collegiate eligibility standards at the beginning of the ninth grade. Helpful information is available through the "NCAA Guide for the College- Bound Student-Athlete." Please talk to your child's coach, school counselor or the athletic coordinator.

Or call the NCAA, at 1 -877-262-1492, if you have any questions or visit

[www.eligibilitycenter.org](http://www.eligibilitycenter.org).

### NCAA Initial Eligibility Regulations

To be considered a qualifier at a Division I institution and to be eligible for financial aid, practice, and competition during the first year, the student must:

1. Graduate from high school
2. Present a minimum combined test score on the SAT (verbal and math sections), or ACT (four individual tests) as indicated on a portion of the index scale below:

<u>CORE GPA</u>	<u>SAT</u>	<u>ACT</u>
3.550+	400	37
3.525	410	38
3.500	420	39
3.250	520	46
3.000	620	57
2.750	720	59
2.500	820	68
2.250	920	77
2.000	1010	86

3. Present a minimum grade point average in at least 16 core courses in the following areas:  
**English (4 units)** including Grammar, Vocabulary Development, Composition, Literature, Analytical Reading, or Oral Communication.  
**Mathematics (3 units)** at the level of Algebra I or above.  
**Science (2 units)** including Biology, Chemistry, Physics, Environmental Science, Physical Science, or Earth Science. One full year must be a lab science course offering.  
**Additional Courses in Above Areas (1 unit)** English, Mathematics, Science.  
**Social Studies (2 units)** including History, Social Studies, Economics, Geography, Psychology, Sociology Government, Political Science, or Anthropology.  
**College Preparatory Courses (4 units)** including additional academic courses from Foreign Language, Non-doctrinal Religion, Philosophy, English, Math, Social Science, or Natural/Physical Science.

Please contact your child's school counselor regarding the requirements for qualifying at a Division II school or for partial Qualification at a Division I or Division II School. Core courses, high school transcripts, and test scores for all prospective Division I and II students must be reviewed by the NCAA Eligibility Center. A school counselor at your child's school can direct you regarding the submission of the Student Release Form, appropriate records, and \$65.00 fee.

**SEE YOUR SCHOOL COUNSELOR FOR APPROVED  
CORE COURSES OFFERED AT YOUR SCHOOL**



## **BGCSD INTERSCHOLASTIC ATHLETICS ANTI-HAZING STATEMENT**

The Bainbridge Guilford Central School District in an effort to promote a positive atmosphere in all student activities, subscribes to the following anti-hazing statement set forth below. It is the intention of the District that this information be shared with all members of the school community.

### **Hazing Defined**

Hazing occurs when an act is committed against a student or a student is coerced into committing an act that creates a substantial risk of harm to the student or to any third party in order for the student to be initiated into, or affiliated with, any school group, club, athletic team, grade level, activity, or organization.

### **Hazing includes, but is not limited to:**

- Any activity involving an unreasonable risk of physical harm, including, for example, paddling, beating, whipping, branding, electric shock, sleep deprivation, exposure to weather, placement of harmful substances on the body, or participation in physically dangerous activities.
- Any activity involving the consumption of alcohol, drugs, tobacco products, or any other food, liquid, or other substance that subjects the student to an unreasonable risk of physical harm.
- Any activity involving actions of a sexual nature or the simulation of actions of a sexual nature.
- Any activity that subjects a student to an extreme or unreasonable level of embarrassment, shame, or humiliation or which creates a hostile, abusive, or intimidating environment for the student.
- Any activity involving any violation of federal, state, or local law or any violation of school district policies and regulations.

### **Monitoring On-Going Compliance with the Anti-Hazing Statement**

Administrators, coaches/sponsors, and the Athletic Coordinator should maintain an on-going plan of monitoring for such activities that would be deemed unacceptable according to this statement. All instances in question should be investigated.

### **Process for the Reporting of Suspected Instances of Hazing**

All incidents of hazing should be reported immediately to School Administrators.  
Please refer to BP 5690 for more official information on Hazing of Students.

## **Hazing of Students**

**BP 5690 Adopted: 6/1/06**

The Board of Education is committed to providing a safe, productive and positive learning environment within its schools. Hazing activities are demeaning, abusive and/or illegal behaviors that harm victims, and are inconsistent with the educational goals of the District by negatively impacting the school environment. Hazing of a student by another student or group of students is strictly prohibited on school property; in school buildings; on school buses; by school sponsored groups, clubs or teams; and at school sponsored events and/or activities whether occurring on or off-campus. Hazing of a student refers to soliciting, encouraging, aiding, or engaging in "hazing" behavior as defined pursuant to District policy, regulation and/or law. The Board of Education shall require the prohibition of hazing- along with the range of possible intervention activities and/or sanctions for such misconduct- to be included in the District Code of Conduct for all grade levels.

For the purposes of this policy, the term "hazing" among students is defined as any humiliating or dangerous activity expected of a student to join a group, regardless of their willingness to participate. Hazing behaviors include, but are not limited to, the following general categories:

- a) Humiliation: socially offensive, isolating or uncooperative behaviors.
- b) Substance abuse: abuse of tobacco, alcohol or illegal drugs.
- c) Dangerous hazing: hurtful, aggressive, destructive, and disruptive behaviors.

Incorporated within this definition are various forms of physical, emotional and/or sexual abuse which may range in severity from teasing/embarrassing activities to life threatening actions.

Even if the hazing victim participated "willingly" in the activity, or there was not "intent" by the hazer to harm or injure another individual, hazing is still hazing and against District policy, the District Code of Conduct and may be in violation of New York State Law. However, hazing of students does not need to rise to the level of criminal activity for such conduct to be in violation of District rules and subject to appropriate disciplinary sanctions. Any hazing activity, whether by an individual or a group, shall be presumed a forced activity and in violation Board policy, regardless of the "willingness" of the student to participate.

Any student who believes that he/she is being subjected to hazing behavior, as well as students, school employees or third parties who have knowledge of or witness any possible occurrence of hazing, shall report the incident to any staff member or the building principal. Anonymous student complaints of hazing behavior will also be investigated by the District. The staff member/building principal to whom the report is made (or the staff member/building principal who witnesses hazing behavior) shall investigate the complaint/incident and take appropriate action to include, as necessary, referral to the next level of supervisory authority and/or other official designated by the District to investigate allegations of hazing. Investigations of allegations of hazing shall follow the procedures utilized for complaints of harassment within the School District. Allegations of hazing shall be promptly investigated and will be treated as confidential and private to the extent possible within legal constraints.

## **Prohibition of Retaliation**

The Board of Education prohibits any retaliatory behavior directed against complainants, victims, witnesses, and/or any other individuals who participate in the investigation of allegations of hazing. Follow-up inquiries and/or appropriate monitoring of the alleged hazer(s) and victim(s) shall be made to ensure that hazing behavior has not resumed and that all those involved in the investigation of allegations of hazing have not suffered retaliation. Any act of retaliation is subject to appropriate disciplinary action by the District.

## **Knowingly Makes False Accusations**

Students who knowingly make false accusations against another individual as to allegations of hazing may also face appropriate disciplinary actions.

## **District Responsibility/Training**

Personnel at all levels are responsible for taking corrective action to prevent hazing behavior of which they have been made aware at School District sites; by school sponsored groups, clubs or teams; and at school sponsored events and/or activities whether occurring on or off-campus. Further, as may be applicable, personnel are to report such hazing behavior to their immediate supervisor. Staff training shall be provided to raise awareness of the problem of hazing within the schools and to facilitate staff identification of, and response to, such hazing behavior among students.

Prevention and intervention techniques within the District to help prevent hazing behavior and to support and protect victims shall include building-level and classroom-level strategies and activities as determined by administration. Individual intervention will be provided by appropriate staff members to hazers, victims and their parents to help ensure that the hazing stops.

Rules against hazing shall be published District-wide and shall be disseminated as appropriate to staff, students and parents. Disciplinary sanctions for violation of this policy shall be outlined in the District Code of Conduct and may be incorporated in staff and student handbooks. In addition, allegations of hazing behavior may result in referral to law enforcement officials as necessary.

## ACADEMIC INTERVENTION PROGRAMS

**1. 11th Period:** An additional 30-minute period (11th period) has been created to give students up to two and a half hours of additional time per week to help students' complete work, make-up work, and/or get additional help from teachers. This period may be used to help students on LEVEL I or II. PLEASE NOTE: 11th Period is also utilized for class meetings, grade meetings, sports team early departures, individualized AIS/RTI (Academic Intervention Services/Response to Intervention), club meetings, and/or enrichment activities.

**2. AFTER-SCHOOL REMEDIATION:** Students not performing in a satisfactory manner in assigned classes may be required to report to individual teachers. Teachers are responsible for notifying parents when students have been requested to stay for academic help.

## ACADEMIC LEVEL POLICY

At B-G High School, academic success is a priority. All students are afforded the opportunity to succeed in a learning environment that provides them with a variety of experiences to accomplish their academic bests. This policy was designed to assist students in maintaining a passing average, provide assistance when needed, and provide additional structure to their academic success when they have difficulty doing it themselves.

1. Students may be placed on the academic intervention list for any of the classes that they are taking if they are not meeting the standards set by the classroom teacher. These standards will be reviewed with the students at the start of each new class.
2. Once the student is on the list, they will remain there for a minimum of 1 week.
3. The list will be generated on-line Friday and will be in effect from Monday through Sunday of the following week. Each week a letter will be sent home notifying the parents/guardians of level 1 or level 2 status. Students will receive notice in homeroom. (Teachers will send the names of students by the end of the day on Thursday and the lists will be distributed on Friday.)
4. The student may only be taken off level 1 or level 2 at the end of the reporting week, by the teacher who placed them there.

### **Once a student is on the list:**

1. **LEVEL 1:** The student will need to take steps to develop and carry out an action plan with any teacher who has placed him/her on level 1. This can include use of office hours, study halls, before school or after school help sessions, and 11<sup>th</sup> period. When a student is on Level 1, it is their responsibility to work accordingly so that their name will be removed from the list. Students may stay on Level 1 for more than one week at a time if they are putting in the effort and carrying out their action plan but are still failing or borderline. The action plan will be a written statement that has specific goals to achieve and is reviewed by the classroom teacher.

2. **LEVEL 2:** Level 2 status will only be assigned by the teacher after a student has been on Level 1 the week prior and has not developed a plan or has not satisfactorily carried out their plan. Level 2 status will be assigned one week at a time, and the student will be restricted as follows:

A. Participation and attendance at any school-sponsored event (non-credit bearing) will be strictly regulated and limited during this week. (This includes practices, games, meetings, rehearsals, or any other preparations for extra-curricular functions.)

B. If a student is a member of an extra-curricular group their first priority is to meet with the teacher(s) who placed them on Level 2. If the student does not need to stay after school for help, and is making progress in getting off Level 2, the student may be granted permission to attend and participate in practice/meetings that day providing the student obtains signatures from all teachers who have them on Level 2. The same release form may be used to allow athletes to attend contests scheduled for that week. However, students may NOT be in uniform on the bench and they may NOT participate in contests while on Level 2.

C. Study hall privileges will be limited to: the bathroom, and any pre-signed passes. (This includes loss of senior study hall privileges.)

D. Students may be assigned to after school remediation by the classroom teacher. Failure to attend this will result in disciplinary action.

The student may appeal being placed on Level 2 through a conference with the classroom teacher, the guidance counselor or the high school principal, and their parent/guardian as requested.

## Bainbridge-Guilford Central School District Academic Eligibility Plan



Student's Name \_\_\_\_\_

Subject \_\_\_\_\_ Teacher \_\_\_\_\_

Outline of the Plan of Action:

Signature \_\_\_\_\_ Date \_\_\_\_\_

Student - White

Teacher - Yellow

Principal - Pink

### Level 2 Academic Ineligibility – Athletic Release Form (Blue Card)

Student's Name \_\_\_\_\_ Week of \_\_\_\_\_

The above student has been placed on Level 2 by the teacher(s) listed below. The student is a member of an athletic team and their first priority is to complete an action plan. Each teacher will place their initials in the appropriate box to indicate (1) they will be working with this student after school or (2) they have granted permission for the athlete to attend practice or a scheduled contest. This student may not participate in the game or be in uniform on the bench while on Level 2.

		Monday	Tuesday	Wednesday	Thursday	Friday
Teacher: Subject:	Participate in Practice?					
	Work After School?					
	Time Left?					
Teacher: Subject:	Participate in Practice?					
	Work After School?					
	Time Left?					
Teacher: Subject:	Participate in Practice?					
	Work After School?					
	Time Left?					

\*The student is responsible for presentation of this form to his/her teacher(s) and coach on a daily basis.

\*This form in no way indicates future decisions as to the student's placement on or off the list.

## **PHILOSOPHY**

The Bainbridge-Guilford Central School District supports the philosophy that a quality interscholastic athletic program is vital to the positive social, physical, and educational development of students. The interscholastic athletic program enhances and supports the academic mission of the school system.

The Bainbridge-Guilford Central School District is committed to promoting the proper ideals of *sportsmanship, ethical conduct, and fair play* at all athletic contests. We oppose instances and activities which run in contradiction to the best values of athletic competition in order to ensure the wellbeing of all student athletes involved in the interscholastic athletics program. We support high standards of good citizenship and propriety, along with regard for the rights of others.

### **PRINCIPLES OF THE INTERSCHOLASTIC ATHLETIC PROGRAM**

The Bainbridge-Guilford Central School District believes that interscholastic athletics serve as a miniature model of life in that they provide opportunities for students to learn responsibility, fair play, cooperation, concern for others, leadership, respect for authority, good citizenship, loyalty, and tolerance. The will to be successful is very much a part of the total development of the athlete, but of greater importance is the reinforcement of the District Philosophy that "All Students Can Learn." Thus, the athletic program, which is centered on the welfare of students, is a vital part of the total school curriculum.

To fully utilize the potential in interscholastic athletics for educational experiences, the interscholastic athletic program will:

1. Be regarded as an integral part of the total educational program and should be conducted so that it is worthy of regard.
2. Be a supplement, rather than serve as a substitute, for required physical education programs.
3. Be subject to the same administrative control as the total education program.
4. Be conducted by persons with adequate training either in physical education or through approved NYS coaching certification programs.
5. Be conducted in a manner that fosters and protects the safety and physical welfare of all participants.
6. Be conducted in accordance to the rules and regulations of the Midstate Athletic Conference, Section IV, NYSPHSAA, NFHS, and NIAAA.

## **STATEMENT OF OBJECTIVES**

In implementing the aforementioned philosophy, the Bainbridge-Guilford Central School District Interscholastic Athletic Program will provide opportunities for:

- ✓ physical, mental, and emotional growth and development.
- ✓ developing loyalty, cooperation, fair play, and other desirable traits through team play.
- ✓ learning from directed leadership and supervision that stresses self-discipline, self-motivation, excellence, and the ideals of good sportsmanship that make for winning and losing graciously.
- ✓ focusing on activities that foster school spirit and generate a feeling of unity among the student body, faculty, and community.
- ✓ developing worthy use of leisure time in later life, either as a participant or spectator.
- ✓ providing sufficient activities to have an outlet for a wide variety of student interests and abilities.
- ✓ creating a desire to succeed and excel in academics as well as athletics.
- ✓ developing high ideals of fairness in all human relationships regardless of gender, race, or religious orientation.
- ✓ practicing self-discipline and emotional maturity in learning to make decisions under pressure.
- ✓ practicing social competence and operating within a set of rules, thus gaining a respect for the rights of others.
- ✓ developing an understanding of the value of activities in a balanced educational process.

## **EQUITY STATEMENT**

### A Code of Commitment to be Multicultural, Gender-Fair, and Disability-Aware

I will support the commitment of the Bainbridge-Guilford Central School District to enhance race relations, gender fairness, and sensitivity to disability by:

- modeling language and behavior that is non-biased and inclusive of individuals regardless of ethnicity, race, religion, sex, and disability.
- educating and sensitizing myself to gender fairness and equity issues.
- intervening to let others know that I will not tolerate ethnic, disability, or sexist jokes, racial or religious slurs, or any action which demeans any individual or group.
- educating and sensitizing myself to the cultural heritage and traditions others.
- initiating actions which would prevent prejudice and discrimination against individuals or groups in league-sponsored activities.

*Courtesy of Gender Equity in Athletics published by Minnesota State High School League*

### **VALUES EDUCATION IN THE INTERSCHOLASTIC ATHLETIC PROGRAM**

The interscholastic athletic program accepts the responsibility of serving to preserve and enhance the precepts, beliefs, and values of the Bainbridge-Guilford Central School District. Pre-season, in-season, and post-season activities provide opportunities to develop a core of values that enable students to become educated and productive citizens. The coach, having an awareness of the importance of values education in the interscholastic program, takes an active role in incorporating the teaching of values during practices, competitions, and related activities.

#### **The Interscholastic Program:**

- encourages student-athletes to strive to be the best they can be through pre and post-season workouts, in-season practices, proper nutrition and conditioning, and an awareness of the dangers of drug, alcohol, and tobacco abuse.
- offers student-athletes the skills needed to function in a pluralistic society by providing them with leadership opportunities and experiences working with others to meet common goals.
- prepares student-athletes to become productive citizens in a democratic society by reinforcing the importance of participating, respecting authority, and accepting decisions maturely.
- guides student-athletes to generate high performance standards by assisting them in developing individual and team goals, creating appropriate strategies to meet their goals and evaluating their accomplishments.
- builds self-esteem in student-athletes by providing opportunities in practices and competitions for them to succeed.
- teaches student-athletes to care for each other and cooperate by encouraging sportsmanship among spectators and contestants.
- fosters respect by the student-athletes for the worth of all individuals by demanding racial and ethnic tolerance, developing an appreciation for excellence in athletic performance, and encouraging positive human relations.
- communicates to the community the educational and social value of sports and the pride felt in athletic accomplishment by publicizing the successes of individual student-athletes and teams.
- establishes the junior-senior high school coach as a positive role model for the precepts, beliefs, and values of the Bainbridge-Guilford Central School District.



## Values Learned or Experienced in Junior-Senior High School Sport and Activity Programs

<b>Accountability:</b>	Accept responsibility for outcomes
<b>Commitment:</b>	Stick with one's obligations or promises
<b>Completion:</b>	Finish a task
<b>Dedication:</b>	Commit to a particular course of action
<b>Discipline:</b>	Exercise self-control, particularly as it pertains to self-improvement
<b>Expectations:</b>	Capacity to set reasonable outcomes
<b>Fair Play:</b>	Willingness to play by the rules
<b>Goal Setting:</b>	Establish, update and achieve goals
<b>Honesty:</b>	Truthful, genuine; not deceptive
<b>Loyalty:</b>	Faithful to a cause, person or obligation
<b>Pride:</b>	Sense of dignity & self-value, in work, accomplishments and in the group
<b>Respect:</b>	Appreciate or shows esteem for self or others and respect for authority
<b>Responsibility:</b>	Accept ownership of one's duty or obligation
<b>Sportsmanship:</b>	Play by the spirit, not just the letter, of the rules
<b>Trust:</b>	To rely on self and others
<b>Teamwork:</b>	Ability to work with others toward common goal

## **TEAM POLICY AND SPORT SPECIFIC INFORMATION**

**Each sport has its own unique requirements and risks.**

To insure that the parent is informed prior to authorizing a child's participation in interscholastic athletics, the coach of each sport will speak on health risks particular to that sport at the preseason meeting. Instructional methods used to minimize these risks will also be explained. Questions are welcome.

In addition to becoming eligible and completing the necessary paperwork, each athlete must follow the specific rules developed by the coach. A clear understanding of these rules makes for a pleasant relationship among the parent, coach, and athlete. At the preseason meeting each coach will discuss his/her policy concerning:

1. School and practice attendance:
2. Practice schedule:
3. Team selection process:
4. Training rules:
5. Citizenship/academic development:
6. Sickness/return from injury/emergency care:
7. Competition participation criteria:
8. Parental involvement:
9. Criteria for receiving participation certificates, letters, and other awards:
10. Transportation:
11. Equipment:
12. Booster Club Representative:

## **PARENT/COACH COMMUNICATION**

### **Parent Coach Relationship**

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide a greater benefit to student athletes. As parents, when your children become involved in our program, you have the right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

### **Communications You Should Expect From Your Child's Coach**

1. Philosophy of the coach
2. General expectations
3. Locations and times of all practices and contests
4. Team requirements, special equipment, strength and conditioning programs
5. Procedure if your child is injured during participation
6. Team rules, guidelines, and consequences for infractions
7. Lettering criteria
8. Team selection process

### **Communication Coaches Expect From Athletes/Parents**

1. Concerns related to your child's general welfare
2. Notification of any schedule conflicts in advance
3. Notification of illness or injury as soon as possible

### **Appropriate Concerns to Discuss With Coaches**

1. Ways to help your child improve
2. Concerns about your child's behavior

It is very difficult to accept your child not playing as much as you would hope. Coaches are professionals. They make decisions based on what they believe to be the best for all student athletes involved. As you have seen from the previous list, certain things can be and should be discussed with your child's coach. Other things, such as those listed below, must be left to the discretion of the coach:

1. Playing time
2. Team Strategy
3. Play calling
4. Other student athletes

There are situations that may require a conference between the coach and player, or coach and parent. These conferences are encouraged. It is important that all parties involved have a clear understanding of the other person's position.

## **MODIFIED PROGRAM OBJECTIVES**

### **FOR STUDENTS IN GRADES 7 TO 9**

Every opportunity to provide as much participation time as possible for student-athletes on a modified sports team will be made providing that the student-athlete's attendance, work ethic, behavior, and his/her personal safety do not cause participation to be limited.

Participation in interscholastic athletics is to be based on school/practice attendance, work ethic in practice sessions, and a positive attitude. Winning or losing shall not be a major determining factor in deciding participation by student-athletes.

#### **Objectives:**

To promote individual improvement through practice and game opportunities.

To stimulate positive thinking and confidence through progressive skill instruction accompanied by positive praise.

To teach respect for the abilities of teammates and opponents.

To teach respect for the rules of the game and the officials who enforce them.

To teach and learn the basic fundamental skills of the game.

Student-athletes will learn the value of being part of a team and working together with others to reach a common goal.

Student-athletes will learn the value of representing one's school and community in a positive manner and the pride associated with that representation.

To provide student-athletes exposure to a variety of sports in order to help them gain an appreciation for the sports they will play on the JV/Varsity level.

## **JUNIOR VARSITY PROGRAM OBJECTIVES**

### **Students in grades 7 through 11**

Students in grades 7 and 8 are eligible to try out for this level of competition. They must have exceptional ability and appropriate maturity, as defined by the NYS State Education Department, for their age level in order to be eligible for consideration.

#### **Objectives:**

To enhance basic fundamentals with strategies for competitive play.

The promotion of individual improvement through consistent practice and competition in practice situations in order to increase participation opportunities.

Attendance, work ethic, attitude, and skill development will all be evaluated by the coach for determination of interscholastic game participation.

To promote individual improvement through practice and game opportunities.

To stimulate positive thinking and confidence through progressive skill instruction accompanied by positive praise.

To teach respect for the abilities of teammates and opponents.

To teach respect for the rules of the game and the officials who enforce them.

Student-athletes will learn the value of being part of a team and working together with others to reach a common goal.

Student-athletes will learn the value of representing one's school and community in a positive manner and the pride associated with that representation.

Cutting or dismissal of student-athletes at this level may be done based on the following criteria:

1. Evaluation of skills in comparison to the group as a whole.
2. Attendance and work ethic during practice sessions.
3. Excessive academic ineligibility.
4. Violation of District rules or procedures including, but not limited to, the athletic code or training rules.

## **VARSITY PROGRAM OBJECTIVES**

### **Students in grades 7 through 12**

Students in grades 7 and 8 must have exceptional ability and appropriate maturity, as defined by the NYS State Education Department, for their age level in order to be eligible for consideration.

#### **Objectives:**

To inspire student-athletes to reach for their full potential through the introduction of more advanced skills and strategies of the game.

The promotion of individual improvement through consistent practice and competition in practice situations in order to increase participation opportunities.

Attendance, work ethic, attitude, and skill development will all be evaluated by the coach for determination of interscholastic game participation.

To promote individual improvement through practice and game opportunities.

To stimulate positive thinking and confidence through progressive skill instruction accompanied by positive praise.

To teach respect for the abilities of teammates and opponents.

To teach respect for the rules of the game and the officials who enforce them.

Student-athletes will learn the value of being part of a team and working together with others to reach a common goal.

Student-athletes will learn the value of representing one's school and community in a positive manner and the pride associated with that representation.

Cutting or dismissal of student-athletes at this level may be done based on the following criteria:

1. Evaluation of skills in comparison to the group as a whole.
2. Attendance and work ethic during practice sessions.
3. Excessive academic ineligibility.
4. Violation of District rules or procedures including, but not limited to, the athletic code or training rules.

## **BAINBRIDGE-GUILFORD CENTRAL SCHOOL DISTRICT** **ATHLETIC CODE OF CONDUCT**

In addition to the rules and regulations governing student behavior in the BGCS D, interscholastic athletic participants are also governed by the rules of the NYSPHSAA, Section IV, and the MAC. New York State Public High School Athletic Association rules **MUST BE FOLLOWED** in all cases of eligibility, transfers, physical examinations, insurance coverage, starting dates, etc. Each coach in the interscholastic athletic program has the responsibility to know each team member and their parent(s) and to inform them of and enforce all NYSPHSAA, Section IV, MAC, and BGCS D rules that apply.

Student participants in the interscholastic athletic program must abide by all school rules and regulations during the course of the school year. Violation of any rule and all disciplinary action taken as a result of the violation will be in addition to any athletic violation.

Any violation of State Laws which result in conviction will result in a meeting with the athletic coordinator and the appropriate school administrator. Such cases may possibly lead to suspension or dismissal from interscholastic athletic participation.

Conduct of a student-athlete that is determined to be detrimental to the interscholastic athletic program or BGCS D by the athletic coordinator and school administration may result in suspension or dismissal from the interscholastic athletic program.

Suspension from a sport is to mean that the student-athlete will be required to attend and participate in all practice sessions for the prescribed period of suspension. The student-athlete **WILL NOT** be allowed to participate in any contest during the suspension period, but must be in attendance at all contests and shall sit on the bench/sidelines in regular clothing and not a team uniform.

Before any suspension or dismissal under these rules shall take effect, the student will be provided notice of the alleged violation and an opportunity for the student to explain or justify their side of the story. If dismissal is warranted, the student and his/her parent(s)/guardian(s) shall be notified. An opportunity to discuss the matter will be provided to the student-athlete and his/her parent(s)/guardian(s) prior to any final decision is made regarding suspension or dismissal.

### **Range of Disciplinary Consequences**

Potential consequences of disciplinary infractions are:

- Loss of game time
- Suspension from interscholastic participation
- Dismissal from a team  
(may result in a suspension of all participation for the remainder of the year)

## **I. Completion of Commitment**

Completion of the sport season is required for a student athlete to be eligible for a letter or other team team/individual awards. No awards shall be awarded to any student athlete who is dismissed/suspended for violation of any Athletic Code guidelines. Any injury (documented by a doctor) which prevents a student-athlete from completing the season is not considered a violation of the completion of commitment clause.

If a student-athlete decides that they no longer desire to continue participating on a team during the current season, he/she **MUST** do the following in order to preserve eligibility for participation in any athletic season following the current season:

- A. She/he must discuss the decision with their Coach, and the Athletic Coordinator or Principal.
- B. All school equipment must be returned in good condition or restitution must be made as outlined in the signed loan agreement.

**These two procedures MUST occur in order for a student athlete to regain eligibility for other school sponsored interscholastic athletic opportunities.**

## **II. School Attendance Requirements**

- A. A student-athlete must be in school by 7:55 and in attendance all day to participate in an activity that day. An exception will be made if the student had an excused absence under the District attendance policy, emergency occurrence or a pre-approved absence from the building principal.
- B. If a student is absent on the last day of the school week and the next scheduled competition is on a non-school day, the student **MUST BRING**, to the coach, upon return, a signed statement from his/her parent(s)/ guardian(s) indicating an excused absence under the district's attendance policy. It is recommended that the coach call the parent(s)/guardian(s) regarding the absence.

## **III. Returning to Activity after Medical Treatment**

A student-athlete who has been injured and has received medical treatment **CANNOT** participate, in practice or games, **UNTIL THE DATE INDICATED BY THE SUPERVISING PHYSICIAN**. A written release must be returned to the school nurse and the coach in order to verify the examining physician's release from athletic restrictions.

## **IV. Transportation to and from Athletic Contests**

Athletes **MUST** travel to and from contests away from the BGCSD in transportation provided by the school. The only exceptions to this regulation are:

- A. An injury to a student-athlete which requires alternate transportation in order to safeguard the student-athlete's wellbeing.
- B. Extenuating circumstances arise and alternate arrangements are approved by the Athletic Coordinator or Principal prior to the start of the contest.
- C. If the Parent/Guardian signs the Transportation Parent Permission Sheet provided by the coach indicating the child will be transported by parent/guardian from the contest.
- D. In order for your child to ride home with another adult, the Athletic Permission and Waiver of Liability Form must be filled out and signed by all those involved. This must be handed to the coach prior to your child leaving the contest.

## **V. Alcohol, Drug, and Tobacco Use**

A sound mind and a sound body are necessary elements of participation in any athletic endeavor. The BGCSD Athletic Department prohibits the use, possession, or sale of any alcoholic beverage, illegal drug, tobacco or vaping product by any interscholastic athletic participant (The definition of an illegal drug is any substance created or sold for recreational drug use or any drug available by prescription through a physician and the possessor or user of the drug is not the person for whom the drug was prescribed).



*Student-athletes must not attend or remain at a function where underage drinking is occurring or illegal drugs are being used.*

Violation of this policy may result in suspension or removal from interscholastic athletic participation based on the following procedures:

**First Offense:** The student-athlete will be placed on "suspension" for a **MINIMUM** of a two-week period. The two-week period must include a minimum of two games. If the offense occurs during the last two weeks of a season, the student-athlete is dismissed from the team for the remainder of that season. The offense will be carried over to the next season if necessary to meet the two-game minimum.

**Subsequent Offenses:** The individual will be declared "ineligible" for **AT LEAST** the remainder of the season and **UP TO ONE CALENDAR YEAR** to be determined by the Athletic Coordinator and School Administrator in conjunction with the student-athlete's parent(s)/guardian(s) and coach. The "minimum" suspension time will be afforded to individuals who exhibit good character in admitting to their violation on their own accord or when first confronted by a coach, athletic coordinator or school administrator.

#### **VI. Theft or Malicious Destruction of Property**

Any theft or malicious destruction of school or an individual's equipment or property will not be tolerated. The following actions will be taken:

**First Offense:** The student-athlete will be placed on "suspension" for a **MINIMUM** of a two week period. The two week period must include a minimum of two games. If the offense occurs during the last two weeks of a season, the student-athlete is dismissed from the team for the remainder of that season. The offense will be carried over to the next season if necessary to meet the two game minimum.

**Subsequent Offenses:** The individual will be declared "ineligible" for **AT LEAST** the remainder of the season and **UP TO ONE CALENDAR YEAR** to be determined by the Athletic Coordinator and School Administrator in conjunction with the student-athlete's parent(s)/guardian(s) and coach. The "minimum" suspension time will be afforded to individuals who exhibit good character in admitting to their violation on their own accord or when first confronted by a coach, athletic coordinator or school administrator.

*Restitution for damages may be required in order to regain eligibility for interscholastic athletic participation.*

#### **VII. Jurisdiction of Code**

The rules and regulations within the BGCSA Athletic Code of Conduct apply to any student-athlete who is in violation to these regulations ON or OFF school property, at any time within the established NYSPHSAA sport season dates.

#### **VIII. Specific Sport Rules and Regulations**

Specific team rules developed by coaches must be cleared by the Athletic Coordinator and the appropriate Grade Level Administrator. A copy of these rules is to be on file in the Athletic Coordinator's office. A copy will be provided for each student-athlete and their parent(s)/guardian(s) for perusal and must be returned to the coach with signatures verifying the receipt and understanding of the prescribed rules.

**PARENT(S)/GUARDIAN(S) MUST BE NOTIFIED  
IN THE EVENT OF ANY VIOLATION**

## **SECTION IV GUIDELINES**

Because Section IV believes that the purpose of interscholastic athletics is to help promote sportsmanship and also believes that coaches, athletes and officials should be setting examples by their behavior. It is recommended that the following policy be implemented:

### **MISCONDUCT POLICY**

Any coaches or players should refrain from unsportsmanlike conduct. Any specific act of misconduct of the kind described herein by any coach or player from the modified level through the varsity level in any sport shall result in action by the Section as set forth below:

#### **COACHES AND PLAYERS:**

Any school whose coach or player is ejected from an interscholastic competition for having used profanity, engaged in unsportsmanlike conduct, or who physically assaults an official shall be sanctioned for such conduct on the part of such coach or player in the following manner:

#### **Disqualification for Use of Profanity or Unsportsmanlike Conduct**

##### **A. COACH:**

1. Any coach excluded by a certified official from an interschool competition for unsportsmanlike conduct is ineligible to coach any interschool competition in that sport until after the next previously scheduled contest at the same level (e.g., junior varsity, varsity, etc.) has been completed. **The coach may not be present at game site.**

NOTE: "Not being physically present at the site" means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during, or after the game/meet.

2. A coach who strikes, shoves, kicks, or makes other physical contact with the intent to do so to another person (e.g., official, another coach, player, fan) shall be expelled immediately and banned from further participation or coaching in all sports for one year from the date of the offense.

##### **B. PLAYER:**

1. Any member of a squad ruled out of a contest for unsportsmanlike conduct for a flagrant foul shall not participate in that sport in the next previously scheduled contest with a member school or in NYSPHSAA tournament play. Disqualification from one season carry over to the next season of participation.
2. Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to do so to an official shall he expelled from the game immediately and banned from further participation in all sports for one year from the date of the offense.

NOTE: The member of the squad includes player, manager score keepers, timers, statisticians.

##### **C. OFFICIAL:**

1. Unprofessional conduct on the part of the official such as, but not limited to taunting, baiting, use of profanity, shall be reported by a school administrator from the aggrieved school to the section executive director. A request will be made to the appropriate sport official's chapter to investigate the incident and to report their action to the section in a timely manner.

## **GENERAL RULES**

Any player or coach cited for misconduct which occurs before or after the contest is played, and if found guilty, shall subject the school to the same penalties as if the offense occurred during the game. Events occurring away from the site of the contest shall not be handled under this policy but may be reviewed by the Ethics Committee under its general authority.

Although multiple acts may be cited as evidence of the offense, for purposes of the sanctions set forth above, no more than one offense shall be deemed to have occurred in any one game, except that if a coach or player is ejected from contest by an official for unsportsmanlike conduct or the use of profanity, any continuation of such unsportsmanlike conduct or profanity following ejection may be cited as an additional offense.

## **DEFINITIONS**

**Player** - Any student athlete participating in an interscholastic sport at any level from modified to varsity. If a player has been accepted for an Individualized Education Program prior to the time of the offense, and the hearing panel determines that the offense arose out of the particular condition which rendered the student eligible for an Individualized Education Program, such player shall not be deemed to have committed an offense and neither the student nor the school shall be penalized under these rules.

**Coach** - Any person serving in the role of coach including, but not limited to, assistant or associate coaches, JV coaches, or other persons performing in a role commonly deemed to be that of a coach, regardless of the name or title afforded to such person and regardless of whether they perform at a modified, freshman, junior varsity or varsity level. The fact that a coach is not functioning in an official capacity at the time of the offense shall not exempt a school from the sanctions contained herein.

**Participate** - Participate shall be defined for purposes of this policy as being present on the school grounds of the school where the contest is being held.

**Profanity** - Profanity for purposes of this policy shall be defined as the use of language commonly considered to be swear words and/or obscenities including, but not limited to, any words or phrases generally regarded by officials as meriting ejection, regardless of the tone of the utterance or the context in which the language is used. A list of typical words and phrases which is not intended to be all inclusive but is illustrative of profanity has been placed with the Interscholastic Sports Coordinator. Any coach who has any concern or doubt about the words or phrases deemed to constitute profanity should contact the Interscholastic Sports Coordinator for clarification.

**Assault** - The actual physical contact of an official by a player or coach where such contact occurs with intent.

**Unsportsmanlike Conduct** - Any misconduct or unprofessional behavior generally deemed to violate accepted norms of sportsmanship for coaches or players which would ordinarily justify ejection from a game or event and/or which in this instance did result in such ejection.

**Technical Offense** - An incident which might arguably be deemed unsportsmanlike, but which occurs as part of the normal flow of the game or contest (e.g., illegal hold in wrestling, illegal tackle or block in football, running into a catcher), even though it may result in ejection, will not be deemed unsportsmanlike conduct unless it is flagrant and is deemed to have been committed with intent to injure.

**Calendar Days** - Calendar days as used in this policy for the purpose of calculating certain notice periods shall not include Saturday, Sundays or State Holidays.

## **PROCEDURES**

Any ejection occurring during the course of a game shall be presumed to be based upon misconduct or assault unless one or more of the officials involved in the game or both athletic directors certify to Section IV that the ejection was not based on such grounds.

Within twenty-four hours of the contest in question it shall be the duty of the official to provide by phone call or file a report of the misconduct. Within two calendar days of the contest in question, it shall be the duty of the athletic director for the school district in which the coach is employed, or the player attends to report said incident to the Interscholastic Sports Coordinator of Section IV.

Failure to provide a report by the official within the above stated time frames may render an official ineligible to work post-season games. Failure to report such incident by the athletic director shall not serve as a defense for the school, coach, or player in question. Placing a report in the mail or faxing the same by the athletic director to the interscholastic Sports Coordinator within the two-day period shall be timely.

Any other coach, athletic director, building principal or other appropriate school official may report such misconduct or assault of which they are aware, even if no ejection has occurred, and such reports shall be deemed to have the same force and effect as an ejection by an official.

Although only one signature is needed on the misconduct reporting form, any party submitting such form may at his or her election include the signature of other game officials or school representatives who can attest to the facts evidencing the misconduct.

Where a player or coach is ejected from a game or he or she is reported to the Section as having been guilty of misconduct or assault by a school official, the Section shall forward to the coach or player notification that he or she has been reported as having been guilty of a particular offense. Such determination shall become final unless within two (2) calendar days of receipt of the notification, the player or coach or the school with which they are affiliated forwards by Certified Mail (Return Receipt Requested) to the Interscholastic Sports Coordinator a request for review.

If any player or coach fails to fulfill a sanction imposed under misconduct policy, that player or coach shall be ineligible to participate until such sanction has been fulfilled. Any game in which an ineligible player or coach participates shall be forfeited.

Any school whose player or coach is charged with misconduct or assault, and/or the player or coach themselves, shall be entitled to a review of the charge by the Interscholastic Sports Coordinator of the Section. The Interscholastic Sports Coordinator will review any written materials submitted and, where available, any video or audio tapes of the events in question and shall determine whether the citation should be sustained or dismissed. The determination of the Interscholastic Sports Coordinator shall become final unless he/she grants further leave to appeal to a three member panel of the Sportsmanship Committee or within two days of receipt of notification of the decision of the Interscholastic Sports Coordinator, the school with which the player or coach is affiliated forwards to the interscholastic Sports Coordinator by hand delivery or certified mail (return receipt requested) a request for a hearing by a three member panel of the Sportsmanship Committee. Every request for a hearing must be accompanied by a check or money order in the sum of \$200.00 payable to Section IV, which deposit will be returned in the event the decision of the official is modified or revised. The hearing shall be held as soon as practicable.

In any matter where the Interscholastic Sports Coordinator is required to recuse himself/herself any member of the Sportsmanship Committee may be designated to fulfill the roll of the Interscholastic Sports Coordinator under this policy. Any such member of the Sportsmanship Committee serving in the place of the Interscholastic Sports Coordinator would be ineligible to serve as one of the three members of the hearing committee should a further appeal in such matter be taken.

Requests for review and/or hearings relating to an official Judgment of the facts will be permitted, but such determinations will only be reversed if the evidence of misjudgment on the part of the official is clear and convincing.

In appointing the members of any such hearing panel, the Chairman or Interscholastic Sports Coordinator shall consider both the availability of committee members and any potential conflicts of interest which might exist relating to the issue. The teams and/or the personalities involved where a request for a hearing is made, the hearing panel shall meet within ten days of receipt of the request for such hearing. They shall render a decision within one week of the closure of the record with respect to such hearing. In the event that the hearing panel reaches a determination which is favorable to the school, coach and/or player, the matter shall be stricken from the record and shall not be treated as an offense. If the hearing panel determines that the coach or player was guilty of misconduct or assault, then the offense shall remain a part of that person's record and the penalties prescribed herein shall be imposed.

The decision of the hearing panel shall be forwarded in writing to the player or coach and his or her school district, and shall become effective upon receipt by the school district.

Unless otherwise requested by the player or coach, any penalties to which the player or coach might otherwise be subjected shall be stayed pending a determination by the Interscholastic Sports Coordinator or the hearing panel.

In the event that the player or coach does not waive the automatic stay herein, the hearing panel shall determine whether or not the request for a hearing was frivolous or groundless. If the hearing panel determines that it was frivolous or groundless, then the school, player or coach may be subject to such other and additional penalties as the hearing panel deems appropriate including, but not limited to, the forfeiture of games previously played and/or extended bans on participation in games to be played in the future.

Any ejection of a player or coach occurring in a game or contest held outside of Section IV must be reported to the Interscholastic Sports Coordinator of the Section by the athletic director of the school district of the coach or player ejected. Failure to file such report within two days after the team returns to the local area may subject the school to penalties.

Any school which is not a member of Section IV but which participates in a league based in Section IV shall be subject to the same rules and procedures described herein for any offenses occurring in a contest within said league. Any offenses by a player or coach of a school district outside of league competition shall be reported to an appropriate official of the Section wherein said school district is based for such action as that Section deems appropriate.

Notwithstanding any provision set forth herein, the Sportsmanship Committee of Section IV reserves the right to review either on its own initiative, or at the request of a parent, athlete, coach or school, the facts and circumstances involved in any incident and make such decision as the interests of fairness and justice require.

If any coach, athletic director or player needs clarification of any of the rules and policies set forth herein, the Interscholastic Sports Coordinator of the Section will endeavor to respond to such inquiries. However, all inquiries must be set forth in writing.

*Effective 9/1/92                      Approved by Athletic Council on 6/24/92 (Revised 6/23/93 and (3/8/95)*  
*Effective 8/15/95*

# **GUIDELINES FOR SPECTATORS OF SPORTING CONTESTS**

## **Regulations from the Student Handbook Code of Conduct**

### **VISITORS TO THE SCHOOLS**

The board encourages parents and other district citizens to visit the district's schools and classrooms to observe the work of students, teachers and other staff. Since schools are a place of work and learning, however, certain limits must be set for such visits. The building principal or his or her designee is responsible for all persons in the building and on the grounds. For these reasons, the following rules apply to visitors to the schools:

1. Anyone who is not a regular staff member or student of the school will be considered a visitor.
2. All visitors to the school must report to the Main Office upon arrival at the school. There they will be required to sign the visitor's register and will be issued a visitor's identification badge, which must be worn at all times while in the school or on school grounds. The visitor must return the identification badge to the main office before leaving the building.
3. Visitors attending school functions that are open to the public, such as parent-teacher organization meetings or public gatherings, are not required to register.
4. Parents or citizens who wish to observe a classroom while school is in session are required to arrange such visits in advance with the classroom teacher(s), so that class disruption is kept to a minimum.
5. Teachers are expected not to take class time to discuss individual matters with visitors.
6. Any unauthorized person on school property will be reported to the principal or his or her designee. Unauthorized persons will be asked to leave. The police may be called if the situation warrants.
7. All visitors are expected to abide by the rules for public conduct on school property contained in this code of conduct.

### **PUBLIC CONDUCT ON SCHOOL PROPERTY**

The district is committed to providing an orderly, respectful environment that is conducive to learning. To create and maintain this kind of an environment, it is necessary to regulate public conduct on school property and at school functions. For purposes of this section of the code, "public" shall mean all persons when on school property or attending a school function including students, teachers and district personnel. The restrictions on public conduct on school property and at school functions contained in this code are not intended to limit freedom of speech or peaceful assembly. The district recognizes that free inquiry and free expression are indispensable to the objectives of the district. The purpose of this code is to maintain public order and prevent abuse of the rights of others. All persons on school property or attending a school function shall conduct themselves in a respectful and orderly manner. In addition, all persons on school property or attending a school function are expected to be properly attired for the purpose they are on school property.

#### **A. Prohibited Conduct**

No person, either alone or with others, shall:

1. Intentionally injure any person or threaten to do so.
2. Intentionally damage or destroy school district property or the personal property of a teacher, administrator, other district employee or any person lawfully on school property, including graffiti or arson.

3. Disrupt the orderly conduct of classes, school programs or other school activities.
4. Distribute or wear materials on school grounds or at school functions that are obscene, advocate illegal action, appear libelous, obstruct the rights of others, or are disruptive to the school program.
5. Intimidate, harass or discriminate any person on the basis of race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender (identity or expression) or sex.
6. Enter any portion of the school premises without authorization or remain in any building or facility after it is normally closed.
7. Obstruct the free movement of any person in any place to which this code applies.
8. Violate the traffic laws, parking regulations or other restrictions on vehicles.
9. Possess, consume, sell, distribute or exchange alcoholic beverages, controlled substances, or be under the influence of either on school property or at a school function.
10. Possess or use weapons in or on school property or at a school function, except in the case of law enforcement officers or except as specifically authorized by the school district.
11. Loiter on or about school property.
12. Gambling or card playing on school property or at school functions.
13. Refuse to comply with any reasonable order of identifiable school district officials performing their duties.
14. Willfully incite others to commit any of the acts prohibited by this code.
15. Violate any federal or state statute, local ordinance or board policy while on school property or while at a school function.
16. Use any form of tobacco products, vapes, lighter/matches, or other paraphernalia/equipment for inhalation purposes, on school property.
17. Public displays of affection.

## **B. Penalties**

Persons who violate this code shall be subject to the following penalties:

**Visitors.** Their authorization, if any, to remain on school grounds or at the school function shall be withdrawn and they shall be directed to leave the premises. If they refuse to leave, they shall be subject to ejection.

**Students.** They shall be subject to disciplinary action as the facts may warrant, in accordance with the due process requirements.

## **C. Enforcement**

All staff shall be responsible for enforcing the conduct required by this code. When staff members see an individual engaged in prohibited conduct, which in his or her judgment does not pose any immediate threat of injury to persons or property, they shall tell the individual that the conduct is prohibited and attempt to persuade the individual to stop. The staff member shall also warn the individual of the consequences for failing to stop. If the person refuses to stop engaging in the prohibited conduct, or if the person's conduct poses an immediate threat of injury to persons or property, the principal or his or her designee shall be contacted and have the individual removed immediately from school property or the school function. If necessary, local law enforcement authorities will be contacted to assist in removing the person. The district shall initiate disciplinary action against any student or staff member, as appropriate, with the "Penalties" section above. In addition, the district reserves its right to pursue a civil or criminal legal action against any person violating the code.

## **ATHLETIC AWARDS CRITERIA**

ALL STUDENT-ATHLETES MUST COMPLETE THE SEASON IN "GOOD STANDING" WHICH IS DEFINED AS:

- returned all uniforms and equipment (Any student-athlete who does not turn in uniforms or equipment will not be eligible for participation during another sport season until all obligations are met.)
- Ends the season's last game without ejection
- Was not removed from the team due to infraction(s) of the Athletic Code of Conduct or violated any specific team rules.

### **CERTIFICATES**

- Awarded to all participants - Modified, JV, Varsity

### **LETTERS**

- Small "BG" and Sport Pin for first JV season
- Large "BG" and Sport Pin for the first Varsity season

### **BARS**

- Awarded for each Varsity season after the first Varsity season

### **NYSPHSAA SCHOLAR ATHLETE TEAM AWARDS**

- Awarded to team members whose GPA helped the team meet the NYSPHSAA standards for this award

### **MAC SCHOLAR ATHLETE CERTIFICATES**

- Awarded to the individual with the highest GPA on a team

### **COACHES AWARDS**

- Most Improved, Sportsmanship, Unsung Hero, MVP

### **DISTINCTION AWARDS**

- Awarded to individuals determined by the entire B-G coaching staff.

### **MALE & FEMALE STUDENT-ATHLETES OF THE YEAR**

- 1PT - Honorable Mention in MAC or Metro and each sport that individual has participated on
- 2PTS - All MAC
- 3PTS - All Metro, Sportsmanship Award, Scholar-Athlete Award

All points will be considered and factored into the final vote by the entire B-G coaching staff.



### HEALTH CERTIFICATE / APPRAISAL FORM

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 School: \_\_\_\_\_ Gender:  M  F Grade: \_\_\_\_\_

#### IMMUNIZATIONS / HEALTH HISTORY

Immunization record attached  
 No immunizations given today  
 Immunizations given since last Health Appraisal:

Sickle Cell Screen:  Positive  Negative  Not done Date: \_\_\_\_\_  
 PPD:  Positive  Negative  Not done Date: \_\_\_\_\_  
 Elevated Lead:  Yes  No  Not done Date: \_\_\_\_\_  
 Dental Referral  Yes  No  Not done Date: \_\_\_\_\_

Significant Medical/Surgical History:  See attached \_\_\_\_\_

Allergies:  LIFE THREATENING  Food: \_\_\_\_\_  Insect: \_\_\_\_\_  Other: \_\_\_\_\_  
 Seasonal  Medication: \_\_\_\_\_

#### PHYSICAL EXAM

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_ Date of Exam: \_\_\_\_\_

Body Mass Index: _____ Weight Status Category (BMI Percentile): <input type="checkbox"/> less than 5 <sup>th</sup> <input type="checkbox"/> 5 <sup>th</sup> through 49 <sup>th</sup> <input type="checkbox"/> 50 <sup>th</sup> through 84 <sup>th</sup> <input type="checkbox"/> 85 <sup>th</sup> through 94 <sup>th</sup> <input type="checkbox"/> 95 <sup>th</sup> through 98 <sup>th</sup> <input type="checkbox"/> 99 <sup>th</sup> and higher	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%;">Vision - without glasses/contact lenses</td> <td style="width: 10%;">R</td> <td style="width: 10%;">L</td> <td style="width: 20%;"></td> </tr> <tr> <td>Vision - with glasses/contact lenses</td> <td>R</td> <td>L</td> <td></td> </tr> <tr> <td>Vision - Near Point</td> <td>R</td> <td>L</td> <td></td> </tr> <tr> <td>Hearing <input type="checkbox"/> Pass 20 db sc both ears or:</td> <td>R</td> <td>L</td> <td></td> </tr> </table>	Vision - without glasses/contact lenses	R	L		Vision - with glasses/contact lenses	R	L		Vision - Near Point	R	L		Hearing <input type="checkbox"/> Pass 20 db sc both ears or:	R	L	
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Vision - with glasses/contact lenses	R	L															
Vision - Near Point	R	L															
Hearing <input type="checkbox"/> Pass 20 db sc both ears or:	R	L															

EXAM ENTIRELY NORMAL    Tanner: I. II. III. IV. V.    Scoliosis:  Negative  Positive: \_\_\_\_\_

Specify any abnormality (use reverse of form if needed): \_\_\_\_\_

#### MEDICATIONS

Medications (list all):  None  Additional medications listed on reverse of form

Name: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

Name: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

If AM dose is missed at home: \_\_\_\_\_

I assess this student to be self-directed  Yes  No    Student may self carry and self administer medication  Yes  No

Note: Nurse will also assess self-direction for the school setting. Please advise parent to send in additional medication in the event that emergency sheltering is necessary at school or if the morning medication has not been given.

#### PHYSICAL EDUCATION / SPORTS / PLAYGROUND / WORK QUALIFICATION / CSE CONSIDERATION

Free from contagions & physically qualified for all physical education, sports, playground, work & school activities OR only as checked:

\_\_\_ Limited contact: cheerlead, gymnastics, ski, volleyball, cross-country, handball, fence, baseball, floor hockey, softball.  
 \_\_\_ Non-contact: badminton, bowl, golf, swim, table tennis, tennis, archery, riflery, weight train, crew, dance, track, run, walk, rope jump.

Specify medical accommodations needed for school: \_\_\_\_\_  None

Known or suspected disability: \_\_\_\_\_  Please monitor

Restrictions: \_\_\_\_\_  Please monitor

Protective equipment required:  Athletic Cup  Sport goggles/impact resistant eyewear  Other: \_\_\_\_\_

#### OPTIONAL INFORMATION, if known

Specify current diseases:  Asthma    Diabetes:  Type 1  Type 2     Hyperlipidemia     Hypertension  
 Other: \_\_\_\_\_

Provider's Signature: \_\_\_\_\_ Phone: \_\_\_\_\_ (Stamp below)

Provider's Name/Address: \_\_\_\_\_ Fax: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Bainbridge-Guilford Transportation**  
**PARENT PERMISSION SHEET**

By signing this form, you as a parent or guardian of the student-athlete whom you are signing out, are releasing the school district of its responsibility to transport your son or daughter back to the point of origination of this trip!  
(Coaches: return this form to the AC at the end of the trip.)

SPORT: \_\_\_\_\_ COACH: \_\_\_\_\_

Location of Contest: \_\_\_\_\_

Student-athlete's name

Parent or Guardian Signature

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**TRANSPORTATION PERMISSION FORM**  
**AND WAIVER OF LIABILITY**

\_\_\_\_\_ and \_\_\_\_\_, as the parent(s) and natural guardian(s) of \_\_\_\_\_ (student name), hereby grant our permission and consent for the student to travel from the athletic sporting game on \_\_\_\_\_ (date) with a person I hereby designate and authorize.

Specifically, we provide permission for our son/daughter, \_\_\_\_\_ (student name), to be supervised and transported from this sporting game by \_\_\_\_\_ (individual you are authorizing to transport your child) and that all supervision and transportation will be the responsibility of this individual. Any injuries incurred during such trip shall be covered by my personal insurance or a third party's insurance.

If my son/daughter becomes ill or incapacitated, the individual transporting my son/daughter may take actions necessary for his/her safety and well-being, including securing medical treatment and transporting him/her home at our expense. We fully release the Bainbridge-Guildford School District from any liability for such action as may be taken on our behalf.

I acknowledge that the District does not allow for my son/daughter to travel with any student drivers and ensure that the person I have assigned to transport my child from the game is not such.

We understand that supervision and transportation for these trips will not be provided by persons in their capacity as school district personnel and we consent to same. We acknowledge that, although the Board offers transportation from sporting games to the Bainbridge-Guilford School, we waive any access to such transportation on this date and confirm that it is I, as \_\_\_\_\_'s parent, and \_\_\_\_\_ (enter name of individual authorized to transport your child), the individual I have chosen to transport my child, will be responsible for my son/daughter's care, transportation and supervision once my child leaves the sporting event.

By signing this document, I am acknowledging and attesting that I am the named child's parent or legal guardian.

Parent or Guardian \_\_\_\_\_

Building Principal \_\_\_\_\_

## **PARENTAL PERMISSION TO PARTICIPATE**

### **To all student athletes and their parents or guardians:**

Please be aware that participation in sports activities increases the possibility for serious injury to occur. All sporting activities by their very nature, have the potential for serious, disabling, and/or life-threatening injuries to occur. Those sports which involve collisions or contact present a greater opportunity for serious injury. Both you and your son/daughter need to be aware of the potential risks involved through his/her participation.

By signing this electronic permission form, you are acknowledging awareness of these conditions and are granting your son/daughter permission to participate.

## **EQUIPMENT RESPONSIBILITY**

We promise to maintain all equipment/apparel assigned to us for use while participating during the 2023-2024 school year. It is our responsibility to safeguard such materials against loss, theft, or malicious damage. We agree to return all loaned equipment and apparel when asked to do so. If said materials are not returned upon request, we agree to reimburse the school district at the current market value to replace issued materials.

By signing this electronic form, you acknowledge responsibility for equipment / apparel, its safe return and/or reimbursement for lost / damaged items.

## **ATHLETIC CODE OF CONDUCT AGREEMENT**

We have read and understand Bainbridge-Guilford's Athletic Code of Conduct and agree to abide by its guidelines during participation on this school team. We understand the policies governing interscholastic athletics in the Bainbridge-Guilford CSD through the preseason meeting, and/or the BGCS D Athletic Manual. We also understand participation in school-sponsored activities is a privilege and not a right; and therefore, the school's principal may suspend my son/daughter from participation by declaring said student not in good standing if the student's character or conduct is such as to reflect discredit upon their school.

By signing this electronic form, you acknowledge understanding of the rules and procedures outlined in the BGCS D Athletic Manual.